

**Health and Wellness Committee
Montgomery County Commission on Aging
October 3, 2023
9:30-11:00 AM**

Join Zoom Meeting

<https://us06web.zoom.us/j/82621804920?pwd=RnhpUmYxTVJvdjdMT2w2WEIkRzRrQT09>

Meeting ID: 826 2180 4920
Passcode: 614515

Agenda

1. Welcome/Introductions
2. Approval of July and September meeting notes
3. Updates
 - a. Transitions packages (Marcia)
 - b. Behavioral Health statistics (Tina)
 - c. Status: new co-chairs (Marcia)
4. Presentation:
Roundtable on Mental Health: Mona Ngem, American Muslim Senior Society
5. H&W focus and activities moving forward:
 - a. Activities:
 - i. Follow-up to today's presentation
 - ii. Obtain and review additional information resulting from Josi Makon's behavioral health presentation
 - iii. Potential: development of fact sheet on County's behavioral health services
 - iv. Other options?
 - b. Potential Advocacy Issue:
 - i. Support for behavioral health assisted living facilities in the County, similar to those in other parts of state (as suggested by Josi Makon)

ii. (Other advocacy issues as they arise)

6. Adjourn